

Professional Disclosure Statement

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Philosophy and Approach: I believe that everyone should be able to seek services to achieve their goals. I use a variety of techniques; however, I mainly utilize a Brief Solution Focused Therapy with Cognitive Behavioral Therapy.

Education and Training: I hold a Master of Science degree in psychology from the University of Phoenix. I also hold a Master of Arts degree in Clinical Mental Health Counseling from Adams State University. My coursework focused on a variety of aspects related to mental health counseling, including working with adolescents and families, as well as crisis and trauma. I have completed a post graduate certificate for Foster and Adoptive Family Therapy through Portland State University.

As a Licensee with the Oregon Board of Licensed Professional Counselors and Therapists, I abide by its Code of Ethics. To maintain my license, I am required to participate in continuing education, taking classes dealing with subjects relevant to this profession.

Fees: My fee is subject to a sliding scale on a case by case basis. I am able to bill some private insurances.

As a client you have the following rights:

- To expect that the licensee has met the qualifications of training and experience required by state law;
- To examine public records maintained by the Board and to have the Board confirm the credentials of a licensee;
- To obtain a copy of the Code of Ethics (OAR 833-100);
- To report complaints to the Board;
- To be informed of the cost of professional services before receiving the services;
- To be assured of privacy and confidentiality while receiving services as defined by a rule or law, with the following exceptions:
 - Reporting suspected child abuse
 - Reporting imminent danger to you or others
 - Reporting information required in court proceedings or by your insurance company, or other relevant agencies
 - Providing information concerning license case consultation and supervision
 - Defending claims brought by you against me.
- To be free from discrimination based on age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, sexual identification, marital status, or socioeconomic status.

You may contact the Board of Licensed Professional Counselors and Therapists at:
3218 Pringle Rd, SE, #120, Salem, OR 97302-6312 Telephone: (503) 378-5499

Email: lpct.board@oregon.gov Website: www.oregon.gov/OBLPCT

For additional information about this Licensee, please consult the Board's website.